

The following rule concerning pre-participation physicals for marching band takes effect on August 1, 2019:

C&CR Section 1105:

- (F) MARCHING BAND PRE-PARTICIPATION PHYSICAL EXAMINATION. UPON ENTERING THE FIRST AND THIRD YEARS OF HIGH SCHOOL AND UPON ANY 7th OR 8th GRADE STUDENT PARTICIPATING IN MARCHING BAND, A PHYSICAL EXAMINATION SIGNED BY A PHYSICIAN, A PHYSICIAN ASSISTANT LICENSED BY A STATE BOARD OF PHYSICIAN ASSISTANT EXAMINERS, A REGISTERED NURSE RECOGNIZED AS AN ADVANCED PRACTICE NURSE BY THE BOARD OF NURSE EXAMINERS OR A DOCTOR OF CHIROPRACTIC IS REQUIRED. STANDARDIZED PRE-PARTICIPATION PHYSICAL EXAMINATION FORMS, AVAILABLE FROM THE UIL OFFICE AND AUTHORIZED BY THE UIL MEDICAL ADVISORY COMMITTEE, ARE REQUIRED.
- (G) MARCHING BAND MEDICAL HISTORY FORM. EACH YEAR PRIOR TO ANY PRACTICE OR PARTICIPATION A UIL MEDICAL HISTORY FORM SIGNED BY BOTH STUDENT AND A PARENT OR GUARDIAN IS REQUIRED. A MEDICAL HISTORY FORM SHALL ACCOMPANY EACH PHYSICAL EXAMINATION AND SHALL BE SIGNED BY BOTH STUDENT AND A PARENT OR GUARDIAN.

**Year 1 and 3: Physical Examination and Medical History Form Required.
Year 2 and 4: Medical History Form Required.**

Where is the physical examination form and medical history form? On the UIL website at <http://www.uil texas.org/music/marching-band>.

Who collects these forms and maintains compliance? The school district.

How does UIL define who must meet this requirement? This requirement is for any student that a school district determines is a member of the marching band.

Does a student in athletics and marching band need a separate physical examination for each activity? No.

What does pre-participation mean? Pre-participation means prior to starting any physical activities – marching or otherwise, inside or outside – associated with marching band practice and performance.