

# TRAINING ROOM TREATMENT/EVALUATION GUIDELINES

*No one, regardless of affiliation, is to be denied first aid.*

1. Treatments are to be administered only to:

Student-athletes from a SCUC ISD High School or Junior High that are injured during certain school sponsored activities. These activities include:

|               |                   |
|---------------|-------------------|
| Baseball      | Student Trainers  |
| Basketball    | Student Managers  |
| Cheerleading  | Swimming & Diving |
| Cross Country | Softball          |
| Football      | Tennis            |
| Golf          | Track & Field     |
| Drill Team    | Volleyball        |
| Wrestling     | Soccer            |

*All of the above must have a current physical on file in order to receive treatment.*

2. Only athletes who are involved in a UIL activity will be treated.

3. Any athlete who is under the care of a physician must provide written documentation of treatment protocol, restrictions, and/or release for return to play.

4. Athletes who are members of a school sponsored activity who are injured in non-UIL activities (i.e. club sports, open gyms, recreational, etc.) will only receive first aid care until they are evaluated by a physician. The physician must provide in writing a treatment protocol for the athletic trainer to follow.

5. The Sports Medicine Staff will not treat non-athletic injuries.

## NON-ATHLETIC INJURIES

Non-athletic injuries will be seen in the Athletic Training Room under the following guidelines:

1. Due to liability concerns, the student-athlete must first see a medical doctor prior to being treated by the Athletic Training Staff.

2. The student-athlete must provide a prescription for treatment/rehabilitation from the medical doctor. The information must be specific as to what type of rehabilitation is to be done.

*3. No injuries that are the result of a motor vehicle accident will be seen.*