



## Physical Education at Watts



Welcome to PE at Watts. Coach Ron Henry and Coach Sherry Smart are your PE teachers this year. We are here to provide your child with a positive experience in physical education and to provide them with a good foundation in health. Senate Bill 19 requires that elementary children receive 135 minutes per week in physical education and it is our job to see that goal accomplished. We look forward to meeting and talking with you and your child.

### Clothing & Shoes

We ask that girls please wear shorts under their dresses as we do activities that include crawling, crab walking, kicking, climbing, etc. Due to safety concerns, we require that students wear tennis shoes to class. **Students cannot safely play if they are wearing flip flops, slippery leather soles, platforms, wedges, boots, sandals, or Crocs.** We do take ClassDojo points for coming unprepared to PE.



### Doctors Notes



For your child not to participate in physical activity they must bring a note from their parent/guardian explaining why. If your child is going to miss three or more days of PE we ask that you provide a doctor's note. All notes will go to the nurse's office.

### Volunteers

All volunteer applications, which include a background check, must now be submitted online on the District's official form. **YOU MUST HAVE A BACKGROUND CHECK COMPLETED TO VOLUNTEER FOR JUMP FOR HEART AND FIELD DAY.**

The process is simple and must be done annually:

- Go to [www.scuc.txed.net](http://www.scuc.txed.net) and click on the "Community" tab
- Select "[Volunteer/Mentor](#)" in the drop-down menu
- Click on the "Become a Volunteer" button to complete and submit the online form.
- Application processing may take 7-14 days to be approved so please fill out your application as soon as possible. You can contact the Watts Elementary office or email the PTC, [watts.ptc.board@gmail.com](mailto:watts.ptc.board@gmail.com), to see if you have been approved.

All applications expire on June 30.

### Contact Information

We look forward to having a great year here at Watts. Please do not hesitate to call or email us if you have any questions or concerns. Our direct line is (210)619-4417. Our email addresses are: rhenry@scuc.txed.net and ssmart@scuc.txed.net

Our conference time is 8:05-9:10

*"The most important thing is not to win but to take part!!!!" by Pierre de Coubertin*