

CLEMENS ATHLETIC TRAINING

2pm-5pm Sign in at
Event Center Entrance

\$15-myschool bucks,
Card, check, cash

Physicals-April 17, 2019

Dr. Peter Holmes, SCUCISD team physician, provides this service to make sure that each participant has the opportunity to have a physical, and to make the process inexpensive and efficient.

Forms needed

- Dr. Holmes liability form-signature needed.
- Medical History-filled out and signed.
- **ONLINE** forms filled out at rankonesport.com

ONLINE FORM INSTRUCTIONS

1. Go to www.rankonesport.com
2. Select parent/student fill out electronic forms, at the top in yellow.
3. Select TX.
4. Scroll and select Schertz-Cibolo-Universal City ISD.
5. After reading the information given, scroll to the bottom and select Start Online Forms, in blue.

Contact information:

Coach Housby
jhousby@scuc.txed.net or
210-945-6568

Frequently Asked Questions.

Where can I get the UIL forms?

The coaches and front offices at Jordan and Wilder Intermediate Schools, Corbett Junior High School, and Clemens High School will have the liability and medical history form. You can also get them online by going to www.rankonesport.com or www.scuc.txed.net

Who needs a physical?

SCUCISD mandates that all students participating in Athletics during the 2019 - 2020 School Year obtain a physical before participation in any athletic class, practice, or game. Any athlete in any grade is welcome to attend preseason physicals.

Notes:

~Payments can be made on myschoolbucks.com or at the door by card, cash, or check (made out to **CLEMENS HIGH SCHOOL**)

What should be brought/worn to the physicals?

The liability and medical history form, and the \$15.00 payment must be brought by each student wanting a physical. Tee-shirt and shorts are preferred for preseason physicals.

Who Gets the Completed Packets and where does my \$15.00 go?

Packets completed at the preseason physicals will be taken up on site and kept at the high school. Other packets should be given to Coach Housby (Clemens Athletes), or the Junior High Coaches (Corbett Athletes). ~Dr. Holmes graciously donates every dollar back to the

~Traffic at Clemens High School is very congested from 4:00 to 4:20. Please plan accordingly.



Athletic Training department to help ensure that the technology and supplies for the student athletes of SCUCISD are current and up to date.

Will transportation be provided to the physicals?

*Students will be bused from Jordan, Wilder and Corbett to the physicals at Clemens. Jordan and Wilder Students should be finished with physicals by 3:30 Corbett students should be finished with physicals by 4:30-5. All students will wait for their parents at the **NEW Auxillary gym**. Phones will be made available for student use if needed.*

~Physicals usually end by 5 so please show up on time.